

B THE BAY

BREAKFAST

BAY BREAKFAST

Pork sausage, rasher of bacon, free range egg cooked to your liking, slow roasted tomatoes, black pudding, portobello mushroom, hash brown, baked beans & white or granary toast **11.95**

VEGGIE BREAKFAST (v)(gfo)

Grilled maple & sesame glazed halloumi, portobello mushroom, cherry vine tomatoes, hash brown, baked beans, two free range eggs cooked to your liking, granary or white toast **11.95**

AVOCADO ON TOAST (gfo)

Smashed avocado on sourdough, roasted cherry vine tomatoes, pumpkin seeds topped with poached eggs **9.95**

Optional Extras: Smoked Salmon **3.45** • Bacon **2.25**
Wilted Spinach (v) **1.25** • Portobello Mushroom (v) **1.25**

STEAK WITH FRIED EGGS (gfo)

Sirloin steak, cooked medium rare, chimichurri, wilted spinach, roasted cherry vine tomatoes and two fried eggs on sourdough **13.95**

SOURDOUGH TOFU TOAST (vg)(gfo)

Spiced tofu, avocado, roasted cherry vine tomatoes, served on sourdough toast **9.95**

BREAKFAST CIABATTA

Bacon, sausage, fried egg, hash brown & portobello mushroom **9.95**

SMOKED SALMON & SCRAMBLED EGG

On sourdough toast **11.95**

TOAST (v)(vgo)(gfo)

Two slices of white or granary bread, butter & preserves **3.25**

TOASTED TEA CAKE (v) 3.25

CHILDREN'S BREAKFAST

(under 12's only) Sausage, bacon, baked beans, eggs cooked to your liking, granary or white toast **6.95**

WHY NOT HAVE A MIMOSA FOR 5.95

thebaytorquay.co.uk

All our food is prepared in a kitchen where food containing nuts & gluten are used. If you have a food allergy or intolerance, please let us know before ordering. Allergen information for food and drink is available upon request.